

SHOE TYING: MODIFIED LOOP



Step 1: Take each lace and make an "x".



Step 2: Take one lace and put under the other.



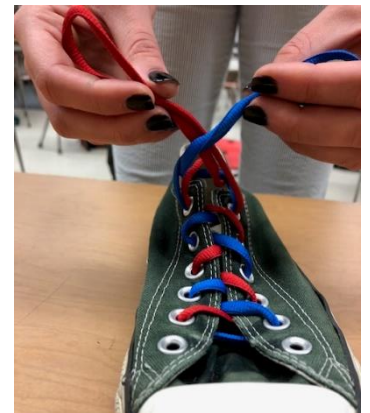
Step 3: Hold laces straight and pull until they are snug.



Step 4: Grab loop on right side and tuck the end of the lace into the first hole.



Step 5: Grab loop on left side and tuck the end of the lace into the first hole.



Step 6: Grab loops and make an "x".



Step 7: Grab loop on right side and tuck the whole loop under the left loop.



Step 8: Grab onto each loop and pull to tighten.

Great WORK!!

**Practice
Practice
Practice!!**